Douglass Senior Center
December 2021 Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 Meatloaf	2 Fried Chicken	3 Buffet	4
5	6 Chicken Pot Pie	7 Chili	8 Scalloped Potatoes with Ham & Peas	9 Fried Chicken	10 Buffet	11
12	13 Chicken N Noodles	14 Ham -N-Cheese Sliders	15 BBQ Pork	16 Fried Chicken	17 Buffet	18
19	20 Potato Soup	21 Sloppy Joes	22 Chicken Supreme	23 Ham	24 CLOSED	25
26	27 CLOSED	28 Ham -N-Beans	29 Hamburger Soup	30 Fried Chicken	31 CLOSED	1
2	3	Notes Meals are $5.00. Dine In, Carry Out and Meals on Wheels Delivery. Please call (316)746-3227 by 9:00 a.m. to reserve your meal. Noon Meal only. Menu is subject to change. Due to inclimate weather if the School District closes so does the Senior Center.				

Dec-21



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30 Exercise 9:00 a.m. & 6:30 p.m.	1 Blood Pressure Checks @ 11:30	2 Cards @ 1:00 & 6:30 p.m. Exercise	3 Exercise @ 9:00 Cookie Decorating with the kids @ 3:45	4
5	6	7 Exercise 9:00 a.m. & 6:30 p.m.	8 BINGO! @ 1:00	9 Cards @ 1:00 & 6:30 p.m. Exercise	10 Exercise @ 9:00	11
12	13 Game Night @ 6:00 p.m.	14 Exercise 9:00 a.m. & 6:30 p.m.	15 Board Meeting @ 1:00	16 Cards @ 1:00 & 6:30 p.m. Exercise	17 Exercise @ 9:00	18
19	20	21 Exercise 9:00 a.m. & 6:30 p.m.	22	23 Cards @ 1:00 & 6:30 p.m. Exercise	24 CLOSED	25
26	27 CLOSED	28 Exercise 9:00 a.m. & 6:30 p.m.	29	30 Cards @ 1:00 & 6:30 p.m. Exercise	31 CLOSED NYE Party @ 6:30 p.m.	1
2	3	Notes STOP IN FOR COFFEE WEEKDAY MORNINGS AFTER 8. ALL ARE WELCOME AND WE INVITE YOU TO JOIN US ANY TIME YOU CAN. THE CENTER IS OPEN 8:00 A.M. TO 3 P.M. MONDAY - FRIDAY.				